### Panoramas moving on

#### On a wire

Take a deep breath and hop in the cable car! Hanging in the air for a couple of minutes, you'll be flying over Grenoble's old rooftops before you discover the city at large facing changing mountain ranges.

#### Views from the top

Whether it is day or night, landscapes are breathtaking up there. Views from the terraces show horizons with no limits other than Chartreuse, Vercors, Belledonne, Oisans up to Mont Blanc tops. Take a trip to La Bastille to relax and get fresh air, you will come back for more discoveries, when sight gets lost way beyond mountain tops.

### Go as you wish

The city is telling you a story: down there, the geography and evolution of Grenoble are unveiled at your feet; up here the stones of the ramparts are witnesses to past centuries. Feel free to explore: lifts and bridges will guide you through your discovery of the seven levels of the fortress. Available in English, illustrated viewing tables on the terraces and historical plaques on the walls will provide you with all

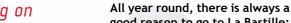
#### Plenty going on

The Bastille is a lively place with something for everyone: gastronomiques terraces, shows, rambles and hikes, exhibitions, museum, acrobatics park: this small fortified mountain has a lot to discover, and makes all Grenoblois very proud!

When opening one of the first

#### Visionaru

urban cable cars in the world (after Rio and Cape Town) in 1934, Grenoble was anticipating the success of tourism and leisure time as France was experimenting the new era of compensated daysoff. Every year, 600.000 visitors experience the Bastille!



good reason to go to La Bastille: · temporary exhibits, concerts

A lively program

- Easter eggs hunt, treasure
- Bastille Day Ball (July 14th), dance shows during summer
- Theatrical walks (French only
- Night shows at Centre d'art bastille and Acrobastille

Check out the program on www.bastille-grenoble.com, agenda section. You may also sign up for the newsletter.







# L'ESPRIT DÉCOUVERTE

Your phone as audio/video guide!

Mhikes is a mobile app which allows you to go on an adventure on foot (or on bike) thanks to an accurate and raliable GPS guiding, even out of network

Courses created by local inhabitants to discover the world differently! Three courses are available on the Bastille...

#### Must sees...



Strolling around

1 - Geologist terrace Overlooking Vercors, the Olympic hill (ski jump), high-tech Grenoble and Synchrotron; a commemorative pillar pays tribute to the fathers of alpine geology.



#### 2 - Place Tournadre

Main Square on site, where shows and concerts are held, also a meeting point.



Take a break under the trees, close to blockhouses, and watch the brave ones while they initiate an acrobatic course.

#### On your way around



Time to contemplate the lands-

cape, where panoramas unveil their

treasures 360° thanks to playful

viewing tables: read the city as an

A recreation park to discover &

4 acrobatic courses for young & old:

The Witches Gallery (from 5 years),

2 Giant zip lines for a 300m sensational

experience with a splendid view of the

city,. High ropes courses above the

\* The "Spéléobox" in the casemates:

an original way to discover speleology.

\* An exploration & cleverness game:

" Mission Bastille" with its alarm

system to outsmart (machine room.

laser beam, motion detectors...)

www.acrobastille.fr

Tel: +33 (0)4 76 59 30 75

explore the Bastille Fort! With its:

open book.

5 - Acrobastille

6 - The Bastille art center How unusual: modern art nested into blockhouses? Go on, the door is open; a guide will help you comprehend the temporary exhibitions hosted here, thanks to the association managing this facility.

www.cab-grenoble.net Tel: +33 (0)4 76 54 40 67



7 - The Mountain Troops Museum A beautiful place to remember this very different army unit established in Grenoble since 1888. An audio guide device will take you through a historical, artistic and original journey.

Tel: +33 (0)4 76 00 92 25

8 - The Salle Lesdiguières This hall of 225 sq. meters in the heart of the keep, with a wooden terrace, is a venue for temporary exhibitions and can be booked for parties, weddings, birthday celebrations, seminars.

To book a hall at La Bastille: Tel: +33 (0)4 76 44 89 67



9 - The Salle Casematée Dutriévoz This large and unusual hall has been recently refurbished to host student nights, official receptions, concerts, weddings, company meetings

To book a hall at La Bastille: Tel: +33 (0)4 76 44 89 67

#### Great facilities



10 - Salle des Gardes snack-bar Want to stop to get a snack, quick lunch or grab your picnic before a hike? Make your decision, there's plenty to choose. And how about booking the kids' birthday party at La Bastille?

Tel: +33 (0)4 76 44 89 66



Escape to a new scenery five minutes away from downtown. and enjoy an unusual and tasteful lunch! Take a seat on the terrace overlooking the city rooftops, facing the mountains for a lunch or dinner with a view.

www.o2-restaurant.fr



12 - Tourist information center - Gift shop

Looking for a Grenoble or La Bastille cable car souvenir? Something fancy or tasty from the region? Need touristic information? www.grenoble-tourisme.com Tel: +33 (0)4 76 89 46 45 or + 33 (0)4 76 42 41 41



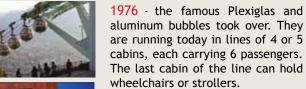
13 - Restaurant Chez le Pèr'Gras A few steps away from the keep, this historical restaurant is a delight for gourmets. Treat vourself with traditional French cuisine or the Chef's foie gras, on the terrace to enjoy some shadow or by the stove when it is chilly outside! www.pergras.fr

Tel: +33 (0)4 76 42 09 47

### 1934 - the first two cabins, made of wooden panels, held up to 15 people accompanied by a "cabinier".

Grenoble-Bastille cable car

1951 - the second generation of cabins was rectangular and made of metal. They could hold up to 21 people with a "cabinier". The bottom terminal was overhanging



2005 - further works were undertaken to ease the access to all levels of the keep thanks to lifts.

2016 - les Bulles/bubbles are 40 years old and the industrial automatons are replaced by a new generation equipment".

A few figures 325 000 passengers every year. 24 millions passengers since the

263 meters height elevation altitude at top: 475 m.

5 minutes: average ascent time. Speed of cable car: 0 to 6 meters per second.



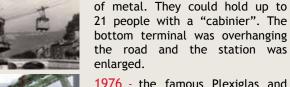
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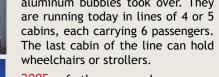


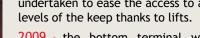
opening in 1934.

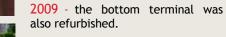
An Epic

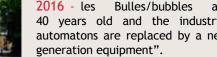


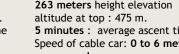


















Small fortified mountain a great place to explore

# Historical figures

## Four marked trails to discover the fortification

La Bastille, a large

#### Visit the Bastille fortress on foot. The 2- Powder magazine keep is the enclosure housing the top terminal of the cable car. This part is the heart of the defensive system.

#### Built in the 19th century to repel an 30 mn, loop walk, enemy attack from Chartreuse, it is

50 meters ascent and descent. Start on Place Tournadre, and follow the path downhill towards Vercors to visit blockhouses, galleries and

Walk along the wall with horizontal recesses - overlooking the Rabot citadel, former home of military headquarters. Walk back up to the keep on the pathway neighbouring the powder magazine (being renovated).



A banquette: the steps lead up to a ledge known as the "genouillère" where soldiers could fire while under



A blockhouse is an arch-roofed building where cannons or gunfires can shoot under cover. They are also used as storage rooms or shelters. The Bastille blockhouses were designed by Haxo and are opened at the rear to allow toxic smokes,

generated by gunpowder, to



Today, the Rabot Citadel is home to a university campus

### 3- Countryside walk

To Porte de France 20 to 40 mn. 300m descent.

The downhill walk to Jardin des Dauphins is crossing Parc Guy Pape and runs along the west side of Bastille. The walk unfolds in a dense greenery setting, home to various fauna, until you reach Jardin des Dauphins.



Lesdiguières watch turret is the only remnants of the 16th century wall.

The Bastille via ferrata overlooks Porte de France, it is one of the few urban via ferratas, with 2 sections (200 and 300m) rated fairly to very difficult. No on-site assistance.

Contact Maison de la Montagne: Tel: +33 (0)4 76 44 67 03



#### 4- To Saint Laurent 30 to 40 mn, walk 300m descent.

This winding downhill trail was built to transport cannons. It leads to Musée Dauphinois. It also features fitness facilities with several exercise and workout stations freely accessible.



The geology trail (in french only) with its totems helps you discover the history of mountains, rocks and environment. It was set in place by University Joseph Fourier, SIPAVAG and the Grenoble city council.

Walk alongside the wall to get to the Grand Staircase. Your way down the stairs will lead you into the heart of Saint Laurent district, close to the archaeological site and CCSTI.



The Grand Staircase: 380 steps!

### Futher afield

To the National Mountain Troops 30 mn walk, 140 m ascent

The memorial overtops the city at

a height of 420 m, paying tribute to 150 000 French mountain soldiers killed in action.





TÉLÉPHÉRIQUE GRENOBLE BASTILLE

WELCOME TO THE BASTILLE

acrobatic courses. restaurants, trails...



# www.bastille-grenoble.com

Régie du Téléphérique Grenoble-Bastille Quai Stéphane Jay 38000 Grenoble

BASTILLE Tel.: +33(0)4 76 44 33 65





Duke of Lesdiguières: after conquering the city of Grenoble, he ordered the building of the first Bastille fortifications in 1591 during the Wars of Religion.



Marshall Vauban: he inspected the Grenoble fortress in 1692 and designed a new system of fortifications for La Bastille, which was never built.



General Haxo: as member of the Engineering Corps, he was in charge of designing the final plans to build a new fortress. He based his work on previous plans made by Commander Tournadre in 1820. The definitive blueprints of the fortress were validated in 1823, and the works achieved in 1847. Haxo also began the extension of the city walls, including ditches, inspired by initial plans designed earlier by

Gate closed at night



32 Bus stop

### 1- From the cavalier to Mandrin's Caves

defended on the mountain side by a

casemated cavalier, ditch, glacis and

reverse-fire position in a series of

caves known as "Mandrin's caves".

Two enclosing wall featuring a series

of blockhouses, banquettes and steps

run down the slopes of La Bastille.

30 mn hike, loop walk, 30m descent. To visit the ditch and glacis, exit the keep via the former drawbridge and walk along the ramparts.



The counterscarp, in the ditch.



The glacis: the mountainside was levelled up by soldiers to deprive enemies of cover: southbound, the glacis runs under the fires spaces from casemated cavalier passageways and northbound, under reverse directed shooting spaces from Mandrin's caves.



Mandrin's caves

and from 9:00 am to 6:00 pm from 16/09 to 31/03.

Take the direction of «Fontaine au Lion».